

THE  
destiny  
ISSUE

# CLEO's crystal ball

Psychics, mediums, ghost whisperers – what's with all the spooky stuff? Melissa Ironside delves in.

**n**ame three of the top shows on TV right now. If you said *Ghost Whisperer*, *Medium* and *Supernatural*, you'd be right on the money. Why? Because word is we're officially obsessed with "the other world". Yep, psychic business is booming,

with the industry worth hundreds of millions of dollars. But you can forget having your cards read by a little old lady in an incense-filled room, because readings are now done over the phone and even on the Net. So what's the deal with psychic sessions, and are they legit? We crossed over to find out.

## SO, WHO SEES WHAT?

- **Psychics** tap into your psychic energy. They "read" people and tell them about their past, present and future.

- **Mediums** raise their own energy in order to connect with those in the afterlife. They can deliver messages from them to you and vice versa.

- **Clairaudience** is the art of hearing voices, music and sounds that are not audible to the normal ear.

- **Clairvoyance** is perceiving distant objects, persons or events not normally perceptible to humans.

- **Clairsentience** translates to "clear sensing", and means the ability to feel or sense things that other people can't.

- **Clairvoyants** use the three Cs above to receive information about your past, present and future.

## "MY LIFE AS A *spirit whisperer*"

**CHARMAINE WILSON.**

AUSTRALIAN PSYCHIC OF THE YEAR 2005. [www.spiritwhispers.org](http://www.spiritwhispers.org)

**How did you become a medium?**

"I realised I was a medium three years ago. My dad had just died and I started hearing voices from outside myself. I didn't know what it was until I saw John Edward on TV and put it all together. I then read every single book I could on mediums." **How do you receive messages?** "I see symbols and images like memories. If I said to you, 'Imagine your dad', what pops into your head? That's the way I receive messages. I can't

actually see them standing in front of me." **Ever not been able to reach somebody?** "Only on three occasions. Spirits have to learn to communicate with us as well, so it usually just means they're new." **What info do you get?** "People come to me for closure; they want assurance their loved one is okay. Sometimes I'm given glimpses of the future, but I don't push for that because it's not my bag." **Ever get bad news?** "No. And to anyone who's been told they have a bad spirit attached to them, it's wrong. The spirit world is about love, it's a healing process."

CLEO'S  
ROAD  
TEST:

How on  
the money  
are they?

Intuitive counsellor Tricia Brennan ([www.triciabrennan.com](http://www.triciabrennan.com)) says she's "no hippie herbalist". After working in advertising for 15 years, she gave in to her gift and has since worked with a range of celebrity clients. She'd rather not say whether something will happen (she believes in free will), so with that in mind, here's what she said about me ...

PSYCHIC SAYS:

- 1 I have high expectations and obsess over small things.
  - 2 She sees me in the field of dreams, which means I'm imaginative and sensitive.
  - 3 She believes I'm an eternal optimist.
  - 4 People can think I'm quite childlike.
  - 5 She senses I'm inquisitive and always looking for the next best thing.
  - 6 Superficiality drives me nuts. I should be patient.
  - 7 She sees me in the playground making sure all the other children are okay, which means I'm a nurturer.
  - 8 I'm a good storyteller and could possibly have been an actress.
  - 9 She says it's stocktake time in my life, and now's not a good time for drastic moves.
- Strike rate: 78% correct  
– overall, a pretty good result.

MEL  
SAYS:

