

SOUL *Revival*

with Tricia Brennan
Tricia draws on her clairvoyant ability and extraordinary intuition to get right to the heart of your problems.

Got issues? Life not working out the way you want?
Let Tricia tune in and turn on your true potential.

THREE'S A CROWD

I'm juggling a new relationship with a girl and a boyfriend I've had since high school. I'm not really sure about the girlfriend or the boyfriend at this stage, but I don't want to hurt their feelings.

DEAR DUAL LOVER,

It's time for you to take off the party mask and have a good look at who is underneath. How do you really feel about yourself while you keep up this masquerade? Being deceptive will leave you feeling guilty and shallow and in the end that leads to self-contempt. If you respect your lovers at all, you will be honest with them both and declare your intentions. If you just want to have fun, tell them. There is nothing wrong with being a free spirit, you just need be responsible regarding the impact your behaviour is having on others.

BE YOURSELF

I always get compared with one of my friends, especially by guys - and I always seem to come second best. All the guys I like seem to be really attracted to her, which I don't understand because she can be quite mean. What can I do?

DEAR SECOND BEST,

Self-confidence is a powerful magnet. That's your friend's secret. Start seeing what's right about you and not what's wrong. Before you know it, you'll stand out in a crowd. Treating men mean to keep them keen blocks intimacy and keeps lovers at a cool distance. Warmth, charm and openness send out silent invitations for men to fall into your open arms.

PLENTY OF FISH IN THE SEA

I have been seeing this wonderful guy over the summer. He recently decided to get back with his ex-girlfriend. When I go on dates with other guys I am miserable. I will never meet anyone as fabulous as him. Am I going to be single forever?

DEAR HOOKED HEART,

Relationships are like the seasons - they continue to change. You need to learn to adapt and protect yourself if the chill factor gets too much. If you want to be with someone who keeps your heart warm, you need to stay open to being loved. He is not the only man out of 6 billion people who can satisfy your wish list. Look at your summer romance as a kick-start - so get out there and keep up the momentum with someone else.

ENJOY EVERY MOMENT

I seem to have lost direction. I used to know exactly what I wanted to do with my life, but now I can't seem to work it out. Do you have any advice?

DEAR LOST,

The only thing you have lost is your confidence. Fear and self-doubt have obscured your dreams and doused your passion. Stop looking outside yourself for the answers or for someone to rescue you. Go back to your heart where your dreams were originally born. Rewrite the script in your life by redefining your character and then tap into your inner resources to attract abundance in the world.



I stand for freedom of expression, doing what you believe in, and going after your dreams.

Madonna shares some ideas to live by.

FAMOUS

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