

# CLUBMAG

LIFESTYLE

## DOWN TIME

Stay cosy on the couch with these great films, books and music

### GETTING HANDSOME

Clare Maxfield (Ibis Publishing)

Every guy can step out in style with this must-have makeover guide. Boost your confidence with tips on what to wear, when to wear it and, most importantly, how to wear it.

### LOOKING BEYOND THE MIRROR

Tricia Brennan (New Holland Publishers)

Intuitive counsellor Tricia Brennan explores the experiences of 12 individuals who have overcome self-doubt and mediocrity to lead extraordinary lives. Offering insight and remedies to the pitfalls of addictive behaviour, *Looking Beyond The Mirror* is an inspirational read.

### NURTURE **WIN!**

Debra Choate & Kim Choate (Ibis Publishing)

A practical guide for new mothers with health tips for newborns and mums. **For an opportunity to win one of 10 copies, tell us in 25 words or less your best tip for new mums. Send entries to: PO Box 316, South Melbourne VIC 3205, by 8 July 2005. Conditions of entry: [www.priceline.com.au](http://www.priceline.com.au)**

